

# Growing Your Lawn

in

May

## How Can You Take Part?

Taking part is simple. You can choose to not mow your entire lawn throughout May or just choose a section where you will allow grass and flowers to grow.



## Why Should You Take Part?

Since the 1930s, over 95% of UK wildflower meadows have been lost. This has had a negative effect on wildlife, resulting in fewer pollinating insects, insect-eating birds and wildflowers. With fewer flowers growing, there is less food for insects, such as bees and butterflies. These insects help plants to reproduce during the process of pollination. When pollination decreases, there are fewer plants for food and less habitats for animals. Typically, May is when the conditions are right for grass and flower growth, making this the ideal time to stop cutting your lawn.

'No Mow May' is an annual campaign organised by the conservation charity, Plantlife. It encourages people to not mow their lawns during May.

Not mowing lawns allows grass to grow, which benefits wildlife and gives people more time to enjoy their gardens.

## How Does Not Mowing a Lawn Help?

- Wildflowers like clover, dandelions and daisies can grow, providing more pollen and nectar for pollinating insects.
- Greater numbers of bees, butterflies and birds will be attracted to gardens.
- Air pollution produced by gas-powered lawnmowers is reduced.
- Longer grass allows animals such as hedgehogs, frogs and toads to thrive.
- Less mowing creates more time for people to relax and enjoy their garden.



## Did You Know...?

Plantlife's Every Flower Counts survey revealed that cutting lawns only once every four weeks resulted in the largest growth of flowers.